

Treating Women and Their Health

By Dr. Jeanne Novas, M.D.

JEANNE NOVAS, M.D.
OBSTETRICS AND GYNECOLOGY

There is a lot of talk and questions about health care these days – some people comment that it's broken. Worries cross our minds. Do we need Obamacare? What about the new technologies? Are they necessary? How can I afford it – it's too expensive?

But isn't our health care important? The answer is: yes. It's 18 percent of our Gross National Product. Our health care is important, but we don't personally notice until we lose our health. And that's where it gets expensive.

So what to do? A simple office visit is around \$100, discounted by insurance to \$60. Get good preventive care from your trusted physician. Bring your list of questions. And take a listen with trust.

CARING FOR YOU

At Drs. Novas, Dohr and Coll OB/Gyn, we have cared for our patients in the community that we also live in for the past 22 years. We have trained at some of the top medical schools in the country. The doctors have added new technologies through the years, are accredited in ultrasound diagnostics, minimally-invasive gynecological surgeries, and offer urinary stress incontinence surgery. Not all gynecologists offer such comprehensive care.

We have also considered other needs of our patients as they arise. Noticing a lack of skin care for our pregnant patients through the years, we also provide various skin treatments and products

ranging from the simple facial and consultation to laser treatments. Massage therapy for mom and baby has many therapeutic benefits. Nutrition and food allergy testing can aid many unsolved health problems. They are available at our office, stemming from our desire to care for our patients in alternative health methods, augmenting your regular gynecological health care.

In some ways, women have the best opportunity for health care. Their needs for prenatal care and birth control cause them to seek a gynecologist that they may see for many years. We are that gynecologist, seeing you through pregnancy, menopause, the abnormal mammogram, the gynecologic surgery, and even advice for your family. Just a simple office visit to a trusted OB/Gyn physician with your list of questions is more effective than that "free" Internet search, the body scan, or an expensive ER visit full of testing.

At Drs. Novas, Dohr and Coll OB/Gyn, we strive to offer all that to our patients: highly-trained physicians with a long-term commitment to our community, and the widest array of specialized services in Obstetrics and Gynecology. With all the new technologies, Internet searches, and medications available, just an annual office visit with your trusted gynecologist, questions in hand, can support a healthy life and keep you knowledgeable on your health care.



Jeanne Novas, M.D., has practiced Obstetrics and Gynecology in the Barrington area and has been a resident of the community for more than 22 years. She is a graduate of Prospect High School, and received a bachelors degree in Chemical Engineering from Purdue University, where she worked on research related to the artificial kidney, and co-authored a paper on thermonuclear heat and mass transfer at Argonne National Laboratories. She received her medical degree from Northwestern University Medical School, and during her residency at Mt. Sinai Medical Center, she co-authored a paper on vaginal delivery after cesarean section. She also was a former owner and physician of the Center for Human Reproduction, the first In Vitro Fertilization office in the area. She is the founding physician of Novas, Dohr and Coll OB/Gyn Associates, and has staff privileges at Advocate Good Shepherd Hospital and St. Alexius Medical Center.

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