



Right at Home Barrington **847-380-3370** info@rahnw.com

The Northwest Suburban office of Right at Home proudly provides live-in and come and go caregiver services to older individuals living in Barrington and the surrounding area.

As a charter member of the Dementia Friendly Barrington Task Force we are also focused on providing information and education for families and local businesses to raise awareness and foster better lives for those living with the disease.

Caring for an aging loved one whether they have have some form of dementia or not, can be hard. Caregiving brings emotional rewards but can be physically and emotionally demanding. Caregivers feel stressed-out as they struggle to balance caregiving duties with their work and other family responsibilities. Juggling all these tasks can lead to caregiver burnout along with anxiety and guilt.

If you're a family caregiver, make caring for yourself a priority. Our team of professional caregivers can provide many of the typical tasks as family caregivers, such as hygiene care, assistance with managing healthcare appointments and medications, light housekeeping and laundry, meal preparation ... whatever tasks need doing, so you can stop being a caregiver and focus on your relationship again.

Right at Home is an award winning agency that has stepped up to today's challenges with ongoing health monitoring of their staff. Our proprietary dementia and cognitive support is person-centered care that focuses on empowering current abilities while minimizing cognitive decline.

Choose the Right Care for your aging loved ones — call us at 847-380-3370.