

Your Destination for Optimal Wellness

Make 2024 Your Best Year Ever!



Owners Judy Zabielski of **Acacia Organics**, and Lisa C. Penatlapa of **Arcadia Body Contouring**, and have joined forces in Barrington to offer services for your health and wellness. “We’re committed to helping our clients through every step of their wellness journey by providing a variety of holistic services and support to ensure improved physical and mental health.”

“Our mission at **Acacia Organics** and **Arcadia Body Contouring** is to change the way people think about health and wellness by providing superior products and integrated services that help people reach their health and weight loss goals. We strive to provide a comprehensive and holistic approach to health and wellness that include non-invasive treatments, education, nutrition, and support with a focus on individualized care. We believe that by helping people reach their full potential, we can help create a healthier, happier world for them and their families.”

Acacia Organics and Arcadia Body Contouring

offers these and other therapies:

- Full Spectrum Infrared Sauna
- Quantum Reflex Analysis (QRA)
- Halo Therapy (Salt)
- Detox Foot Bath (Dynamic Lymph Flush)
- Salt Therapy
- Red Light Therapy

Red Light Therapy Can Help:

- Acne/ Scars/Ski Irritations
- Wrinkles, Fine Lines, Age Spots
- Hair Growth
- Inflammation/Pain Reduction
- Immediate Fat Loss
- Wound Healing
- Appearance of Cellulite, Stretch Marks
- Promotes Injury Recovery
- Osteo Arthritis
- Oral Health
- Cancer Side Effects

Acacia Organics

Arcadia Body Contouring

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