



Judy Zabielski has owned Acacia Organics in Barrington for more than 10 years.

Acacia Organics is a unique service company specializing in individualized health assessment, nutrition, and detox programs with the goal of enabling your body to heal and thrive. Acacia Organics is a sole proprietorship owned and operated by Judy, a certified nutritional consultant who uses a holistic approach to address each person's health challenges by taking a detailed look at your past and present health issues—discussing diet, lifestyle, injuries, and trauma to determine the root cause of your symptoms, and formulate a plan with you to find the optimal path for healing and total wellness using the following techniques.

Quantum Reflex Analysis (QRA) is a proven and powerful clinical tool for men, women and children that gets to the root cause of health-related problems. It can be used to detect conditions such as thyroid insufficiency, hormonal imbalances, digestive and gut issues, and much more. QRA uses a technique that is painless,

simple, and non-intrusive to test the biochemical electrical frequencies of the body's key organ and gland systems. You can be tested using QRA today to proactively get health information before symptoms even occur, or if you have already seen several practitioners and their prior efforts have been unsuccessful.

Optimal Nutrition imperative to your health will be assessed and a nutraceutical regimen will be customized and adjusted as needed to meet your unique and changing healthcare needs following your initial QRA. I recommend a brief follow up visit once a month for 6 months, for all QRA clients at no additional charge. Nutraceuticals of the finest quality, only whole food-based organic ingredients (nothing synthetic), absolutely no toxic flow agents or tag-alongs and the highest grade of vegetable capsules are recommended and available for purchase to help you meet your healthcare goals.

Ionic Foot Bath brings results by charging the water in a foot tub with a mild current slightly stronger than, and the opposite polarity of, the lymphatic system's fluid. This gently pulls clogged, toxic materials from the vessels and nodes of your lymphatic system to rid your body of toxins that interfere with homeostasis and optimal functioning of your body.

Full Spectrum Infrared Sauna benefits acute and chronic health problems, via detoxification which may help to relieve pain, lower blood pressure, boost immune system, improved circulation, expedite wound healing (such as from surgery), and alleviate symptoms of Lyme disease, mold toxicity, and more. Clients seek me out when doctors recommend this modality.

While Acacia Organics can serve as a last resort for your health issues, why not start with Acacia Organics first for your path to wellness? Call for your initial appointment today!



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