

**Mindful Medispa & Mediclinic** is an innovative health care practice created and owned by Lucie Bianchi, M.D., who is its medical director. Dr. Bianchi completed her undergraduate degree at Siena College in New York State, where she graduated Summa Cum Laude with a B.S. in Biology. She completed medical school and residency at the Medical College of Wisconsin (MCW), formerly of Marquette University. As a family practice resident at MCW, she was chief resident. She is a Family Practice doctor with 20 years of experience, with a special interest in aesthetics. Today, her practice offers Direct Primary Care (DPC), an alternative model that improves access to high-functioning health care that is provided only by physicians, with unrestricted access for all your medical needs.

Mindful is a new concept of true wellness medicine delivered by membership. Wherever you are in your health journey, we pledge to help you improve. Members pay a small, capped monthly fee to have unlimited visits and access to their physician and appointments are for as long as needed. There are no copays, nor additional payments, for doctor services. HSA cards can be used to pay for the membership. Any labs, tests, or referrals are applied to your insurance. Medical members may participate in aesthetic care and will receive a sizable discount on those services. However, aesthetic services are available to both members and nonmembers.

**Aesthetic Services:** The medical art of aesthetics is always growing and changing as technology advances. Dr. Bianchi continues to travel the country in pursuit of the best training available. Mindful currently offers toxins, short and long-term dermal fillers, hydrafacials, chemical peels, V-Lase feminine rejuvenation, SkinPen® microneedling, PRP treatments, fractional CO2 treatments, and customized medical-grade skin care.

Dr. Bianchi is passionate about safe and effective aesthetic medicine delivery. She believes there is significant overlap between aesthetic care and medical issues. This overlap is clear to most in the care of acne and rosacea. Aesthetic consultations are free of charge and can be done virtually, as well as in person.

**Bring the joy back to health care. Give us a call to discuss how a membership can benefit you and your family!**



Dr. Lucie Bianchi, M.D.



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