



*"I believe it is a privilege treating those within my community and therefore, I treat all of my patients like family. My goal is to meet and exceed my patient's expectations."*

## Alpine Foot Specialists, P.C.

765 Ela Road, Suite 100  
Lake Zurich, Illinois 60047

**847-540-9949**

[alpinefootspecialists.com](http://alpinefootspecialists.com)

Monday, Tuesday, Thursday, Friday 10 a.m. to 5 p.m.

Saturday by Appointment.

**Lapiplasty**  
3D Bunion Correction™

## ***Dr. Anna Christine Gurrera***

**Doctor of Podiatric Medicine**

**Board Certified in Foot Surgery by the American Board of  
Foot and Ankle Surgery**

Dr. Gurrera, a resident of Barrington, is the new owner of Alpine Foot Specialists in Lake Zurich, Illinois where she has been practicing since 2012. As a podiatrist, she treats patients of all ages for all foot and ankle conditions, however, has a special interest in treating athletic patients. She knows that healthy feet are essential to maintaining an active, healthy lifestyle. Dr. Gurrera has had extensive physical training while serving in the U.S. Army and later in the U.S. Army Reserve. She studied Kinesiology, the study of movement of the body, at UIC Chicago while working as a physical therapy assistant. She earned her doctorate and then completed podiatric medical and surgical residency training at Rush University Medical Center.

Dr. Gurrera treats **heel pain, bunions, ankle sprains, stress fractures, shin splints, neuromas, and skin and nail conditions**. She educates her patients on their specific condition and gives an informative explanation of the best treatment options. Many conditions are treated conservatively with stretching exercises, cortisone injections, custom orthotics, shoe modification, bracing, and immobilization. When needed she provides surgical treatment including **bunion and hammer toe correction, fracture repair, tendon repair, bone spur removal, and joint replacement**.

*"I take time to really listen to my patients because I know how important this is in making an accurate diagnosis and understanding my patient's concerns and goals. Patients build trust in me as their doctor, and many return with their children, seeking treatment for sports and growth plate injuries, flat feet, foreign bodies, ingrown toenails, and warts. I am married with two young boys at home, so I have a natural compassion when treating children. I always have the patient's best interest at heart and provide the best care without any unnecessary tests or treatments."*

**Take care of your family's foot health this year!**

**Call 847-540-9949**

