

**Advanced Psychiatry of Elgin** offers TMS, which is a non-invasive, FDA-approved alternative treatment indicated for use in patients who have Major depressive Disorder or Obsessive-Compulsive Disorder and have not responded to psychotropic medication.

**There are many benefits including:**

- Coverage by most insurance companies
- Has minimal side effects
- No anesthesia is needed
- No memory issues

**Before Your Treatment**

Here is what to expect with TMS therapy. You will recline comfortably in the treatment chair. A small curved magnetic coil will be positioned tangentially on the side of the head, near the forehead.

**During Your Treatment**

The TMS treatment coil delivers focused magnetic stimulation directly to target areas of the brain.

**After Your Treatment**

You can resume normal activities immediately following treatment.

**Patient Testimonials**

Here are some comments from our patients who have been treated with TMS Therapy.

“TMS changed my life. I’ve had depression and anxiety for several years. It has progressively gotten worse. Last summer, Dr. Malik suggested I try TMS since I had tried other medications that had not helped me. Half-way through my treatments, I noticed that I was sleeping better. I had more energy and was gaining back my confidence. Thank you so much Dr. Malik for recommending TMS. I’m forever grateful to you and your team at Advanced Psychiatry of Elgin.”

“After years of anti-depressants not working for me, I decided to try the TMS treatment for my depression and anxiety. Dr. Malik is very kind, professional, and knowledgeable about TMS. After two months of treatment, my depression and anxiety symptoms decreased significantly. The TMS treatment at Dr. Malik’s office is something I would highly recommend to those who have not seen results with anti-depressants.”

**Our Mission**

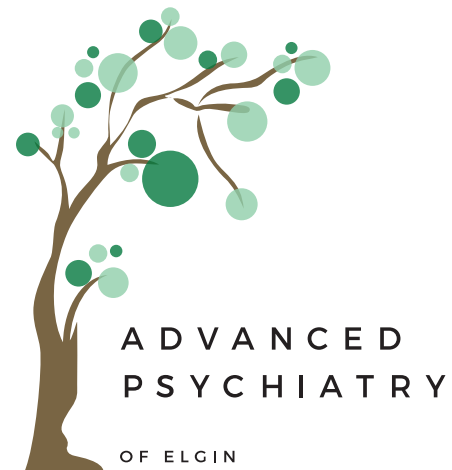
We strive to provide the highest quality of care to help patients make positive changes in their lives. We value, respect, and embrace the uniqueness of all individuals. Our goal is to merge different treatment plans and customize individual approaches according to each patient’s needs.



**TMS Therapy Can Be Tailored to Each Patient’s Unique Needs**



Dr. Fareha Malik is Double Board Certified and has been serving patients in Elgin for over nine years. She received her TMS certification at the Duke University School of Medicine and has been treating patients with TMS Therapy for over a year. Dr. Malik is achieving an 80% significant improvement rate and 40% remission rate from Major Depression.



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Hours: Mon–Thurs 8 a.m. to 6 p.m. | Friday–8 a.m. to 5 p.m.