



## BALANCED EARTH ENERGY HEALING

Reiki is a form of natural healing that works to balance the body's energies. By bringing the body back to a state of relaxation it allows you to heal from stress, injury, or disease. Reiki is a wonderful complement to Western medicine and works in conjunction with overwhelming medical treatments (surgery, chemotherapy, radiation, kidney dialysis) to relieve side effects and enhance recovery. In addition, it may:

- Reduce stress and anxiety
- Relieve pain and tension
- Improve sleep and mood
- Detox the body
- Boost your immune system
- Dissolve energy blockages

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Accepting new clients. Call 847-707-7533  
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