



Red Light Therapy can improve facial texture.



Red Light Therapy is FDA-Cleared.



## *The Beauty of Red Light Therapy*

### **What is Red Light Therapy?**

Red Light Therapy is a clinically studied treatment that can improve the appearance of skin, aid in muscle recovery, and help other parts of the body heal. The FDA-cleared red light device, UltraSlim®, harnesses the power of red light and is clinically proven to provide facial rejuvenation, aid in fat loss, and reduce inflammation and pain.

### **How Does Red Light Therapy Work?**

RLT has a powerful effect on cells. It stimulates a cell's mitochondria to produce more energy; therefore, giving the cell more power to perform whatever function that cell was designed to do. Whether that cell is a brain cell, nerve, muscle, bone, skin, etc., its function can be enhanced using red light therapy. In the case of fat loss, RLT causes the fat cells to release their fatty lipids into the bloodstream where they can be burned off or excreted. Our Red Light effectively increases the production of collagen and elastin and tightens the skin. UltraSlim® Professional is also the only red light therapy device designed for immediate fat loss without dieting, exercise, drugs or surgery. There are no side effects and no subsequent dysmorphic fat accumulations.

### **Red Light Therapy Can Help:**

Acne/Scars/Cold Sores/Keloids  
Wrinkles, Fine Lines, Discoloration  
Appearance of Cellulite, Stretch Marks  
Reduce Symptoms of Rosacea/Dermatitis/Psoriasis  
Lower Inflammation/Pain Reduction  
Enhance Fat Loss - Guaranteed results!  
Speed Wound Healing  
Promote Injury & Muscle Recovery  
Relief from Osteo Arthritis

UltraSlim® is a Risk Group 1 body contouring device, which is safe as a tongue depressor and safer than any competing device.

### **Red Light Therapy Trained Professionals**

Lisa C. Pena-Tlapa, the owner of Arcadia Body & Mind, and Judy Zabielski, the owner of Acacia Organics have joined forces in Barrington to offer services for your health and wellness. "We're committed to helping our clients through every step of their wellness journey by providing a variety of holistic services and support to ensure improved physical and mental health."

"Our mission at Arcadia Body & Mind and Acacia Organics is to change the way people think about health and wellness by providing superior products and integrated services that help people reach their health and weight loss goals. We strive to provide a comprehensive and holistic approach to one's appearance, health, and overall wellness that include non-invasive treatments, education, nutrition, and support with a focus on individualized care. We believe that by helping people reach their full potential, we can help them create a healthier, happier world for them and their families."



Acacia Organics  
Arcadia Body & Mind  
523 W. Old Northwest Highway  
Suite 102A, Barrington  
**847-387-3174**  
judy@acaciaorganics.com  
arcadiabodymind.com  
acaciaorganics.com