

BARRINGTON

health & wellness summit

**A Curated Group of Experts
Bringing the Health & Wellness
Movement to Barrington**

February 26-27, 2025 | Barrington's White House

In-Person, Virtual, & Women's Night Out Tickets Available



All are invited to join us as we foster health and wellness in our community

Exploring Topics Including:

- cancer prevention
- women's health
- disease prevention
- mental health
- microbiome
- brain health
- environmental toxins
- pediatric health
- integrative medicine
- autoimmune disease



SCAN TO
LEARN MORE
& PURCHASE
TICKETS

This summit is supported by:

Advocate Good Shepherd
Smart Farm

Ascension
Saint Alexius

BARRINGTON'S
WHITE HOUSE

Kimberly
Duchossois

barringtonwhitehouse.com/bhws