

Who's Who in Health & Wellness



Patrick and April Durbin with children Luke and Sarah.

**WEIGHTLOSS
TRANSFORMATION** | **In-Home
Personal Training**

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Patrick Durbin

In-Home Personal Training in Barrington

Hello, Barrington neighbors! My name is Patrick Durbin, and my family and I are excited to introduce ourselves to your wonderful community. My wife, April, is a 3rd-grade teacher at Barrington 220 Countryside Elementary School, where she brings dedication and heart to her classroom every day. We are also the proud parents of two great children, Luke, 12 and Sarah, 9, who keep our home filled with energy, curiosity, and plenty of laughter.

As a United States Army veteran, I proudly served from 2000 to 2004, with deployments to both Afghanistan and Iraq. My military experience instilled discipline, integrity, and a commitment to helping others grow stronger, both physically and mentally.

Serving the Barrington Area

We've had the pleasure of building meaningful connections in Barrington and nearby suburbs through our business, Weightloss Transformation In-Home Personal Training, for over 15 years. Over those years my team and I have had the honor of working with many Barrington area clients in their living rooms, basements, home gyms, and neighborhood parks, helping them stay strong, active and confident. We serve everyone from busy professionals to wellness-focused parents, to clients rebuilding their fitness after injury. The support and referrals we've received from this community continue to mean the world to us.

Start Where You Are

There is no equipment needed to get started. We bring everything you need for a safe and effective workout. If you do have equipment at home, we will be sure to incorporate it into your workouts. From strength, mobility, toning, nutrition, and weight loss to motivation and accountability, we've already helped many Barrington residents transform their health.

We're grateful for the warm welcome Barrington has shown our family, and our In-Home Personal Training business. We look forward to meeting more of you and continuing to serve Barrington with pride, professionalism, and a true commitment to your health.

Our Mission is Simple: to make high quality personal training convenient, personalized, and straight to your door—eliminating commute time, maximizing convenience, and tailoring every workout to your goals.