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# ABOUT TOWN

## The QB Calendar

### **STORYTELLING AT BARRINGTON'S WHITE HOUSE**

**Barrington Cultural Commission**

**Friday, March 11**

**Barrington's White House**

**7:30 p.m. to 9 p.m.**

Professional storytellers Jim May and Megan Wells will be joined by local storytellers to entertain us with the wonder of the spoken word. The theme of the stories will be "I knew I was in trouble when..." Ticket price \$20. Presented both live and virtual. Register online at [barringtonwhitehouse.org](http://barringtonwhitehouse.org) or pay at the door.

### **DOCUMENTS YOU DON'T THINK YOU NEED, UNTIL YOU DO**

**Elderwerks Educational Services**

**Thursday, March 24**

**Zoom Webinar, 7-8 p.m.**

Long-Term care and estate planning are for all of us, regardless of our assets. After attending this virtual program, you will be able to discuss the role of an agent under power of attorney for healthcare, describe the use of a power of attorney for property, and explain negative consequences that may occur when relying on the health care surrogate act. Presented by Kathryn Casey, Partner & Certified Elder Law Attorney at Dutton, Casey & Mesoloras. All are welcome! There is no cost to join, but registration is required. To register, call Elderwerks at 847-462-0885 or email [Events@Elderwerks.org](mailto:Events@Elderwerks.org).

### **WORLD LEADERS FORUM INSPIRATIONAL SERIES**

**Judson University**

**Friday, April 8**

**Herrick Chapel, on Campus, 4 p.m.**

Judson University is hosting the World Leaders Forum Inspirational Series headlined by actor, director, producer, and activist Edward James Olmos as our speaker. The event will be hosted by entrepreneur Jacqueline Ruiz, an entrepreneur, author, and Latina pilot, who will also moderate a panel discussion with Rick Najera.

### **AGING IN PLACE SAFELY**

**Elderwerks Educational Services**

**Tuesday, April 19**

**Zoom Webinar, 10-11 a.m.**

Jim Whittington of Lifeway Mobility Chicago will identify challenges and safety risks in your home. He will review possible solutions to overcome those risks to make your home a safer and more accessible place as you age. All are welcome! There is no cost to join, but registration is required. To register, please call Elderwerks at 847-462-0885 or email [Events@Elderwerks.org](mailto:Events@Elderwerks.org).



### **ONE-OF-A-KIND FLORAL DESIGNS**

**Garden Club of Inverness**

**Thursday, April 21**

**Inverness Park District 10 a.m. to Noon**

The Garden Club of Inverness presents One-of-a-Kind Floral Designs with Candace Quinn, owner of Prairie Basket Florist, who has created unique floral expressions "of life and love" for 25 years. She designs for weddings, business events, and special occasions. She will share her creative approach with us in her signature way. The location is at North Park 300 Highland Rd. in Inverness. For details visit [gardenclubofinverness.com](http://gardenclubofinverness.com).

### **IT'S ALMOST NEVER TOO LATE TO PLAN FOR LONG-TERM CARE**

**Elderwerks Educational Services**

**Thursday, April 21, 2022**

**Zoom Webinar, 10-11 a.m.**

The thought of losing all you saved, to pay for care you hoped you would never need,

can be terrifying. And yet, you know that is a concern you have particularly if you consider yourself too old or too sick to buy long term care insurance. Fortunately, there are at least six other asset protection tools you can use to avoid being subjected to a financial catastrophe. Presented by Mark Levin, CFP at Secure Your World. All are welcome! There is no cost to join, but registration is required. To register, call Elderwerks at 847-462-0885 or email [Events@Elderwerks.org](mailto:Events@Elderwerks.org).

### **RUNNING OUT OF COVID.... AGAIN! 5K & 10K WALK / RUN**

**BACF Youth Advisory Council**

**Saturday, April 30**

**Citizens Park, 9 a.m.**

The Youth Advisory Council "YAC" of the Barrington Area Community Foundation is back at it again this year with their 2nd Running Out of Covid Run/Walk. This is a family friendly community event that will hopefully be celebrating spring and what we all hope is an exodus from the past two years of Covid-19. YAC is a group of 24 local high school students dedicated to improving the quality of our community by meeting unmet needs in the Barrington area. All proceeds from entries and sponsorships will go towards local charities of the students choice, as well as the Barrington Area Community Foundation. Adults, \$20. Students, \$15. (Tax Deductible contribution to BACF.) Visit [barringtonareacommunityfoundation.org](http://barringtonareacommunityfoundation.org).

### **41ST ANNUAL LIONS KEMPER GOLF OUTING**

**Barrington Lions Club**

**Monday, May 16**

**Kemper Lakes**

The Barrington Lions Club is so excited for Lisa Stamos, publisher, and her 100th magazine issue of Quintessential Barrington! How fortunate we have been to have Quintessential cover our Lions Service Club in Barrington. The number 100 is also a special number for our club. We were founded in 1925, and will turn 100 in 2025. Chuck Thyfault will be our president. Presently, president Brian Dockery charts our course

and next year our incoming President will be Bob Thomas. Exceptional leadership. We have fared well throughout Covid—less meetings, yes, but still thrive at the same energy and charity success for which we are known. Matter of fact, we have six new members, many that you may know, bringing renewed enthusiasm to our club. Please consider joining! Upcoming, we have our 41st annual Lions Kemper Golf Outing on May 16th. This is our major fundraiser. Please contact John Loomis, [treweek@aol.com](mailto:treweek@aol.com), or Curt Pulkrabek, [cpulkrabek@sbcglobal.net](mailto:cpulkrabek@sbcglobal.net), to find out more. We know how to put on a great event at a great Kemper golf course. Back to the subject. Lisa Stamos and Quintessential. It is so heartening to see this wonderful magazine tell all our stories. And so many new!

#### 19TH ANNUAL GOLF OUTING & DINNER

**Barrington Area Community Foundation**

**Monday, June 6**

**Biltmore Country Club**

The only fundraiser the BACF hosts each year, we work hard to create a day of fun on the links leading to an exceptional cocktail hour and dinner featuring prizes, raffles, and auctions. Don't golf? No worries! There are several ways you can participate. Details and sponsorship forms are on the BACF website: [barringtonareacommunityfoundation.org](http://barringtonareacommunityfoundation.org) under the Events tab. Our event would not be possible without generous sponsors and in-kind donors.

#### WINGS OPEN HOUSE

**WINGS Program, Inc.**

**Thursday, June 16**

**Barrington's White House, 3–8 p.m.**

Join us in celebrating the successes we've had in breaking the cycle of domestic violence. Take an experiential journey with "Samantha" as she receives services through WINGS, while also learning about the work WINGS has done in the community over the last 37 years. We will have special graduate guest speakers and recognize our community leaders, donors, current and past board members, staff, and volunteers. Tickets are complimentary and include an open bar, passed appetizers, and a dessert table. Register at [wingsprogram.com](http://wingsprogram.com). For more info, contact Nikki Katrodia at [nkatrodia@wingsprogram.com](mailto:nkatrodia@wingsprogram.com).

#### POETRY HOUR IN THE PARK

**Barrington Cultural Commission**

**Thursday, June 23**

**Robert Soule Amphitheater**

**Citizens Park, Barrington, 6:30 p.m. to 8 p.m.**

Relax outdoors on a summer evening and be inspired by area poets presenting their original poems. The theme for the evening is: "Summer...musings, memories, and marvels". Admission is free. Bring your chairs, blankets, and picnic baskets.

#### BYFS 50TH ANNIVERSARY GALA

**Barrington Youth & Family Services**

**Saturday, June 25**

**Barrington Hills Country Club, Time: TBD**

Join Barrington Youth & Family Services under the disco ball at its annual Gala on June 25, 2022 at Barrington Hills Country Club. They're throwing it back 50 years...to the '70s in celebration of their 50th Anniversary for an evening that's sure to be a blast from the past. Barrington Youth & Family Services (BYFS) is a community-based, nonprofit social service agency that has been serving the Barrington community since 1972. Open to the public. Buy tickets at: [barringtonbyfs.org/](http://barringtonbyfs.org/) For event details, sponsorship opportunities, or information about auction items, contact Crystal Pepper at [crystal.d.pepper@gmail.com](mailto:crystal.d.pepper@gmail.com).

#### SOPLY'S WAY FOUNDATION

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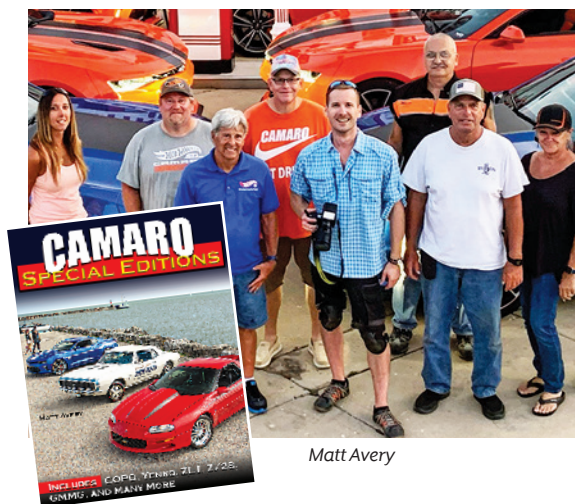
**Solly's Way Foundation**

**Friday, August 5**

**Pinstripes South Barrington, 7–10 p.m.**

Solly's Way Foundation is hosting its charity fundraiser on August 5, 2022. Follow @sollysaway or visit [sollysaway.org](http://sollysaway.org) for updates on new announcements and ticket sales. The Solly's Way Foundation recognizes the character and perseverance many young people exemplify in the face of adversity. Our foundation presents a scholarship program for college-bound high school seniors who experienced the loss of a parent or guardian.

## Rumbling Icons



Matt Avery

### CAMARO SPECIAL EDITIONS BOOK SPOTLIGHT

EVER SINCE ITS LAUNCH IN 1966, Camaro has been a friend to driving enthusiasts. Right out of the gate the pony car proved to be the perfect canvas for crafting and creating versions that went above and beyond in getting hearts racing. That tradition has remained for the past 55 years with numerous Special Editions being released throughout the model's six generations.

In his new book, "Camaro Special Editions", Quintessential Barrington contributor ("In The Garage") and auto devotee Matt Avery spotlights the most significant, examining over 90 vehicles with detailed research, insightful data, and stunning original photography.

Highlights include the Indy 500 pace and festival cars, the COPO legends, the rumbling icons of Yenko, Nickey, GMMG, Callaway and Hendrick Motorsports, dealer offerings from Berger and Dale Earnhardt Chevrolet in addition to factory packages like the Hot Wheels, Z/28, and Anniversary Editions.

The book releases this fall and is a must-have for any motoring aficionado. Learn more at [theMattAvery.com](http://theMattAvery.com)



## Meet Ken Testa, CEO of POSRG

MANAGING THE IT AND ELECTRONIC  
DEVICE LIFECYCLE

POSRG, an industry-leading enterprise IT solutions and service company, was launched by Lake Barrington resident Ken Testa in 2005. Formed to specialize in local refurbished point of sale equipment, Testa has grown the organization to reach major retail outlets, national restaurant chains, grocers, convenience stores, and gas stations on a global scale. Their hardware technology offerings include major manufacturers such as Zebra, NCR, Verifone, Epson, Toshiba, ELO, HP, Panasonic, Datalogic, Honeywell, QSR and Dell, among others. POSRG can help companies in any stage of the IT lifecycle, from design to disposal.

Testa's Wauconda-based U.S. headquarters features two distinct buildings: corporate operations and an e-waste recycling center (the company's Canadian headquarters is in Ontario). POSRG's corporate office and production facility is where you will find executive leadership, a tenured sales team, service, support and repair technicians, shipping, managed inventory, and logistics.

Just down Old Rand Road is POSRG's dedicated e-waste recycling center. This location focuses on end-of-life services for IT equipment. POSRG is one of few companies to hold a host of certifications that adhere to safe working practices, environmental preservation, and eco-friendly applications: R2V3 (sustainable recycling); ISO 45001; ISO 14001; ISO 9001 and NAID (secure data destruction and sanitization). The company's corporate clients, such as Crate & Barrel, Huntington Bank, and Baxter Credit Union, are provided peace of mind knowing their brands and information are protected with serial number reporting, liability transfers, and zero landfill policies. If your business is ready to rid of old equipment, clean outs and pick-ups may be scheduled.

Testa is grateful for his 100 dedicated employees. He was recently married to his wife Simona at Biltmore Country Club, where they are members. The couple enjoys travel, golf, water, and snow sports with their family.



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# What's Happening at the Barrington Area Chamber of Commerce



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BACC Chairman



**Jen Frey**  
Good Shepherd Hospital  
Health & Fitness Center  
BACC First Vice Chair



**Elaine Sambo-Reyther**  
BMO Harris Bank Barrington  
BACC Second Vice Chair



**Jon Stickney**  
Barrington Bank & Trust Co.  
BACC Treasurer



**Suzanne Corr**  
Barrington Area Chamber of  
Commerce (BACC) Secretary



**Andrea Herran**  
Focus HR Consulting  
BACC Past Chairman



**Keith Hanson**  
Hanson Law Group LLP  
BACC Past Chairman



**Robert Finley**  
Virtue Asset Management  
BACC Director



**Armen Kholamian**  
Junk King N Chicago  
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**Kyle Kick**  
BStrong Together  
BACC Director



**Brett Koenig**  
Crissie Insurance Group  
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**Amber Luczak**  
Edward Jones  
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**Bryan McGonigal**  
McGonigal's Pub  
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**Zach Witt**  
Ilumen Solar  
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**Scott Anderson**  
Village of Barrington  
BACC Advisory Board



**Dr. Robert Hunt**  
Barrington Community  
School District 220  
BACC Advisory Board



**Robert Palmer**  
Village of South Barrington  
BACC Advisory Board



**Michele' Smith**  
Harper College  
BACC Advisory Board

## Barrington Area Chamber Announces Its 2022 Leadership



*BACC recently recognized four retiring Board Members for their passion to commitment to serving the business community: Tom Cramer, Wintrust Mortgage; Dennis Kelly, FGMK Insurance; Norm May, Full Service Office Solutions, Inc.; and Jennifer Prell, Elderwerks/Paxem.*

**THE BARRINGTON AREA CHAMBER OF COMMERCE (BACC)** has announced its new 2022 leadership, who were recognized at the BACC Annual Dinner & Scholarship Fundraiser on Thursday, Jan. 27 at Avante Banquets and Conference Center. The annual event traditionally attracts over 200 local business, community, and governmental leaders to raise funds for the BACC Lauren Brown Memorial Scholarship Fund and Small Business Programming.

"Established in 1969—53 years ago—BACC has focused on providing value and opportunity, building community partnerships, and creating a prosperous local economy," said BACC President/CEO Suzanne Corr. "Our BACC Board Members are the cornerstone of our mission."

The new 2022 leadership consists of a 19-member Board that includes

a cross section of business leaders representing a broad range of local businesses. BACC Board Members help develop programs and resources to serve the local business community and impact the prosperity of our communities.

**Executive Committee:** Doug McAllister, Douglas Automotive—BACC Chairman; Jen Frey, Good Shepherd Hospital Health & Fitness Center—BACC First Vice Chair; Elaine Sambo-Reyther, BMO Harris Bank Barrington—BACC Second Vice Chair; Jon Stickney, Barrington Bank & Trust—BACC Treasurer; Andrea Herran, Focus HR Consulting—BACC Past Chairman; and Suzanne Corr, BACC President/CEO, Secretary.

**Board of Directors:** Robert Finley, Virtue Asset Management; Armen Kholamian, Junk King N Chicago; Kyle Kick, BStrong Together; Brett Koenig, Crissie Insurance Group; Dr. Reinhold Llerena, AMITA; Amber Luczak, Edward Jones; Keith Hanson, Hanson Law Group LLP—Past BACC Chairman; Bryan McGonigal, McGonigal's Pub; and Zach Witt, Ilumen Solar.

**Advisory Board Members:** Scott Anderson, Village of Barrington; Dr. Robert Hunt, Barrington Community School District 220; Robert Palmer, Village of South Barrington; and Michele' Smith, Harper College.

BACC recently recognized four retiring Board Members for their passion to commitment to serving the business community: Tom Cramer, Wintrust Mortgage; Dennis Kelly, FGMK Insurance; Norm May, Full Service Office Solutions, Inc.; and Jennifer Prell, Elderwerks/Paxem.



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# Snapshots from BACC's 2022 Annual Dinner & Scholarship Fundraiser

PHOTOGRAPHY BY LINDA M. BARRETT





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www.barringtoncanineclub.com

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Sunday: Closed. Boarding pick up/drop off

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## Karen Lambert Receives Award



PHOTO: APRIL GRAVES

Karen Lambert

ON FEB. 24, 2022, Karen Lambert, MS, FACHE of Advocate Auroa Health, was recognized with a Career Achievement Award by the Chicago Health Executive Forum (CHEF), an independent chapter of the American College of Healthcare Executives, an international professional society.



Master David Garrison with Barrington Tiger Academy member students.

## The Benefits of Marital Arts

BY MASTER DAVID GARRISON

IN THESE PAST TWO YEARS of uncertainty and changes in our lives, children and adults need healthy outlets more than ever. Social isolation and a lack of exercise and the resulting oxygen restriction have taken a toll on mental and physical health. I've seen more distressed children and parents recently than in my 37 years of teaching martial arts.

Children have been especially impacted by the pandemic, having experienced this crisis during important periods of physical, social, and emotional development. Some have experienced the loss of loved ones. Households with children have been particularly hard hit by loss of income, food, and housing insecurity, and disruptions in health care coverage.

It has long been known that martial arts training improves self-confidence and physical fitness. There's a reason why Dr. Oz, Dr. Phil, Tony Robbins, physiologists, and educators recognize that martial arts is a valuable activity with health and wellness benefits.

Being a member-student of Barrington Tiger Academy will help your behavioral health and your physical well-being. Our instruction can help in a myriad of way for adults and children. Improved health and fitness, athletic enhancement, confidence, focus, better behavior, better school grades—the list of benefits is long. Even with our adult and private personal training, students see just how measurable their results have been. They've become fit and trim, and have improved mental function and see a major reduction of their stress levels. Barrington Tiger Academy is located at The Foundry. To learn more, visit [tigerumat.com](http://tigerumat.com) or call 847-772-1543.

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