### STYLEBOOK by erin vondra

# Back to School *for Mom*

If there's anything we have learned over the last six months—it is that we must care for ourselves for all we do. From e-learning to work-from-home to full-blown isolation, the stress and anxiety of it all can be overwhelming. Make a positive difference for you and enjoy these ideas to brighten your day.



NESPRESSO MACHINE Bring this barista home! Williams Sonoma

MULTI-DEVICE CHARGER Manage and charge your devices in one spot. Apple Store



ON-THE-GO STYLE Tie-dyed puff sleeve sweatshirt to the rescue! LUXE wearhouse



#### BRIGHTENING FACE MASK

Wake up to the brightest skin with Biologique Recherche Biofixin night mask. Wellness for Eternity Spa



VIRTUAL PILATES MAT CLASS Recharge with at-home, private, or group Pilates classes. Tensile Strength Studio/Barrington Yoga Loft

## Back to School for Mom



LAVENDER BATH SOAK A soothing bath cures it all. Just add wine. *Heinen's* 

### Do Nothing

How to Break Amay from Overworking. Overdoing, and Underliving



Celeste Headlee

TAPPED OUT? Sometimes it's OK to do nothing. Barnes & Noble COMFY SWEATSUIT A soft matching set that you can wear for errands, too. Anthropologie





MEAL DELIVERY Let a chef do the work. Full menus available. *Wild Asparagus* 



Erin Vondra is a Realtor, Interior Design Consultant, lifestyle writer, and, most proudly, a mom living in Barrington Hills. Raised in North Barrington, she loves helping clients find their dream home in the town she so dearly loves. Find her on Instagram@ imperfectpolish. Contact her at erin.vondra@ gmail.com or visit erinvondra.com for your home sale and design needs.