

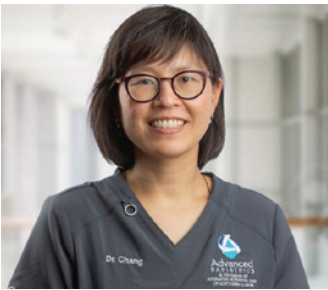
Advocate Good Shepherd Hospital's Comprehensive Weight Management Program



Advocate Good Shepherd Hospital offers a comprehensive weight management program, including bariatric surgery and medical weight management options. Recognizing every patient's weight loss needs are unique, our program features a multidisciplinary team, including surgeons, nurses, registered dietitians, and a clinical social worker, working together to help each patient achieve their goals.

The bariatric surgery program is recognized through the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program. Outcomes related to length of stay, complications, and re-admissions are tracked and measured against national benchmarks, which this program consistently meets or exceeds. All program surgeons are board-certified with specialized training in bariatrics.

Meet Our Provider Team



Dr. Hsin-Yi Chang, MD, FACS, Advanced Bariatrics, 847-350-9564

Dr. Chang is dedicated to transforming lives through advanced surgical interventions and compassionate care. She specializes in robotic and minimally invasive procedures such as gastric bypass, and sleeve gastrectomy.

Dr. Chang is committed to patient-centered care. Understanding each individual's weight loss journey is unique. By providing personalized treatment and comprehensive support, she empowers patients to achieve sustainable weight loss and improved overall health.



Dr. John Cheregi, MD, FACS, Advanced Bariatrics, 847-350-9564

Dr. Cheregi understands the challenges his patients face and has a personal passion for helping them achieve long-term success. By working closely with patients to choose the right procedure and make long-term lifestyle changes, Dr. Cheregi helps them envision (and realize) a new future.

"I want my patients to feel that I'm here at every step of the way. This is a life-changing journey. From the first conversation about the challenges you face—through surgery and follow-up—we are right by your side. We are committed to helping you reach your goals."



Dr. Daniel Hoeltgen, MD, FACS, Advanced Bariatrics, 847-350-9564

Dr. Hoeltgen is the medical director of the bariatric program. He stresses the importance of a comprehensive multidisciplinary program and appropriate long-term follow up to achieve the best results possible.

"It has been rewarding to see the growth of the program since we began 20 years ago. I take pride in the fact that we all do our best to select the most appropriate treatments for patients based on their individual medical history. We have an excellent program to provide care close to home. Seeing and helping patients experience a healthier, happier future is my goal."



Amy Paulus, APRN, FNP-BC, Advocate Good Shepherd Hospital, 847-620-3893

Amy Paulus is a Board-Certified Family Nurse Practitioner, certified in Obesity Medicine. She is the provider for the medical weight management program. Ms. Paulus specializes in helping patients achieve their weight loss goals through a comprehensive approach.

"I'm passionate about empowering patients to take control of their health and well-being, and I'm committed to providing compassionate care that meets their unique needs. We celebrate all wins, not just the movement of the scale, non-scale victories are often more important than the number on the scale!"

Contact any of our surgeons or nurse practitioner today to schedule a consult, or e-mail GSHP-WeightManagement@aah.org for more information.